



The Loughshore Parishes



St Mary's, Greencastle; St Mary, Star of the Sea, Whitehouse;
St James', Whiteabbey & St Colman's, Greenisland



1 February 2026

4th Sunday in Ordinary Time

MASS TIMES & SERVICES

SATURDAY VIGIL

5.00pm – Star of the Sea, Whitehouse
6.30pm – St Mary's, Greencastle

SUNDAY MASS:

9.30am – St Colman's, Greenisland
11.00am – St James', Whiteabbey

WEEKDAY MASSES:

Star of the Sea, Whitehouse: Tuesday 7.00pm
St Mary's, Greencastle: Wednesday 9.30am
St Colman's: Thursday 10.00am
St James': Friday 10.00am

MORNING PRAYER & COMMUNION SERVICE

St Colman's: Monday 10.00am

ST PEREGRINE'S NOVENA:

First Monday of the month at 7.00pm in St Mary's, Greencastle

NOVENA TO MOTHER OF PERPETUAL SUCCOUR:

Every Tuesday at 7.00pm in Star of the Sea, Whitehouse

EUCARISTIC ADORATION:

Every Wednesday in St Mary's, Greencastle – 10.00am – 1.00pm

DIVINE MERCY CHAPLET:

After 10.00am Mass on Friday in St James'

DIVINE MERCY EVENING – Rosary, preaching, healing prayers and Eucharistic Adoration on the second Friday of the month 7.00pm – 9.30pm St James' Church.

BAPTISMS: Baptisms are taking place on Saturdays in St James', Whiteabbey. Please contact the parish office for further information.

Parish Priest:

Fr. David Delargy

Parish Office:

824 Shore Road Newtownabbey BT36 7DG

Tel: 9037 0845

(open Mon – Fri 9.00am – 1.00pm)

E-mail: loughshore@downandconnor.org

website: www.loughshoreparishes.org

Links to webcam via parish website or www.churchmedia.tv

The Loughshore Parishes is a member of a Family of Parishes, comprising the parishes of St Mary's on the Hill, St Nicholas', Carrickfergus and the Loughshore Parishes (Greencastle, Whitehouse, St James' & St Colman's)

REST IN PEACE

Recently deceased: William Sheppard, Eleanor Doonan, Rosemary Donnelly, Claire O'Connor, Kathleen Hamilton, Jim Brown, Jim McKernan

Months Mind: Terence Chester

Anniversaries: Agnes McMillan, John Jackson (2nd), Terence and May O'Rorke, Paul O'Neill, Jacqueline Leavey, Lily & Francis Marley, Aine Mullan, Michael & Colette Brock, Martin Quinn

MASS INTENTIONS

Saturday

Whitehouse 5pm - Jacqueline Leavey, Lily & Francis Marley anniversaries

Greencastle 6.30pm - Aine Mullan anniversary

Sunday St Colman's 9.30am - Michael & Colette Brock anniversaries

Tuesday Whitehouse 7pm Agnes McMillan anniversary

ST PEREGRINE NOVENA

will be held on Monday 2nd February at 7pm in St Mary's, Greencastle. The Sacrament of Anointing of the sick will be given to all the sick who wish to receive it.

YOUTH MASSES will be celebrated next weekend on Saturday 7th & Sunday 8th February at all Masses.

YOUTH CORNER

FAITH STUDY

Wednesday 7pm – 9pm in the Parochial House at St Mary's, Greencastle. Building community, reading scripture, a shared meal and prayer & reflection.

CHILDREN'S LITURGY

For children (P1 – P7) at the Vigil Mass in St Mary's, Greencastle each Saturday and at the 11am Mass in St James' each Sunday. (*except on weekends when there are Children's Masses).

WOMEN'S BIBLE STUDY

On Tuesdays at St James' Church from 7 – 7.45pm. For likeminded women of God to come together and read scripture and build community.

MEN'S BIBLE STUDY

On Tuesdays after the Novena Mass in the hall at Whitehouse. For likeminded men of God (18+) to come together and read scripture and build community.

ADORATION & PRAISE AND WORSHIP

Every Thursday 7 - 8pm in St James'. All welcome!



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ST BRIGID'S DAY - 1st February.

Bring your St Brigid's Crosses to Mass for a blessing at all Masses this weekend. Some crosses will be available at St James' for parishioners to take home. Suggested donation of £2, with money raised to be shared between the Developing World Group and the parish.

ST BRIGID'S CROSS MAKING

The Net Youth Ministry Team will be making St Brigid's crosses in St James' Hall after 11am Mass on Sunday 1st February if anyone would like to join them in practising or learning this sacred tradition.

RECHARGE 40 LENTEN CHALLENGE

Recharge Forty is a Lenten challenge for young men and women who desire more - more depth in prayer, more discipline in daily life, and stronger bonds of friendship. Throughout Lent, we will walk together in community, confronting vice, and intentionally cultivating virtue. Through a shared commitment to prayer, asceticism, and fraternity, Recharge Forty invites you to renew your relationship with God while supporting one another through encouragement and accountability. This Lent, don't journey alone - grow together in faith, character and friendship. Find details and sign up here: [Lenten Challenge](#)

ST BLAISE' FEAST DAY

Tuesday 3rd February is the feast of St Blaise, the patron saint of all illness of the throat. The Blessing of the Throats will take place at the Novena Mass at 7pm on Tuesday in Star of the Sea, Whitehouse.

PARISH CELL SYSTEM FOR EVANGELISATION

will be holding its National Seminar on the 28th & 29th March this year at Drumalis Retreat Centre, Larne. For bookings, please contact Drumalis on 02828 272196. Website: www.drumalis.org
For enquiries, please contact:
Margaret Webb: tel. 07779729505
Email: magswebb1@gmail.com
Anne McFerran: tel. 07809906792
Email: anne.mcferran@gmail.com

ANAM CARA, the organisation that supports bereaved parents, will hold its monthly Parent Support Evening on Monday 9th February at 7.30pm in the Crowne Plaza, Shaws Bridge, Belfast.

This event is free and open to all bereaved parents regardless of the age your child died, the circumstances of their death, or how recent their death was. You do not need to register in advance.

We also offer an online support group meeting. To find out more call 01 4045378 or email info@anamcara.ie

CELEBRATING 70 YEARS OF FAITH

St Agnes' Parish Novena to Our Lady of Lourdes 2026 begins 10am Tuesday 3rd February

The Call of the Good Shepherd - *"I know my own and my own know me"* (John 10:14)

Speakers: Jim Deeds, Bridget McNicholl, Paula & Joseph McKeown

Sunday: 9.30am & 12.30pm

Monday to Friday: 10am & 7pm

Saturday: 1pm & 6.30pm (Vigil)

Penitential Service: Friday 6th February at 7pm

Mass for the Sick: Sat 7th February at 1pm to be concelebrated by Bishop Alan McGuckian

Gathering of Youth: Sunday 8th February at 7pm

DOWN & CONNOR DIOCESAN TRUST VACANCY ST COLMCILLE'S PARISH – VOCATIONS SUPPORT OFFICER

The role holder will be required to support, promote and sustain a culture of vocations across the Diocese by co-ordinating outreach, communications, events and relationships that encourage discernment and prayer for vocations.

The terms are based on a permanent appointment for 20 hours per week. Salary: £15,600 gross per annum. Full details relating to the vacancy can be found on the Diocesan website at: www.downandconnor.org

Closing date for applications will be 12.00 noon on Tuesday 10 February 2026



DOWN & CONNOR
LOURDES PILGRIMAGE

YOUTH TEAM 2026



8-15 July 2026

Online applications now open
to all 17 - 24 year olds (at time of travel)
Applications close Friday 7 March @ 5pm

Scan me for the
application form



Limited Places!

£810

Fare includes: flights, shared full-board
accommodation & insurance

For more information contact
lourdes@downandconnor.org (028) 9077 0162 downandconnor.org/lourdes

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Parish of Duncane



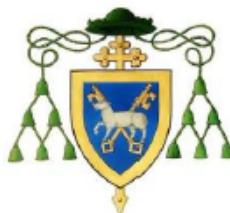
Novena of Hope in Honour of Our Lady of Lourdes February 3rd - 11th February 2026



03	Tue	7pm Opening Mass - Fr Chris McDermott CC Parish of Kilrea
04	Wed	7pm Hope in Young People - Mr Jasper Rutherford (CEO of Christ in Youth)
05	Thur	7pm Hope in the Church - Mrs Therese McCrystal
06	Fri	7pm Lourdes Night with Marian Procession and Rosary Fr John O Laverty (Preacher)
07	Sat	6pm Saturday Night Vigil Reverend Esteban Rosales Koininia St John The Baptist
08	Sun	7pm Healing Service, 'Hope in the Confessional' - Fr Martin Graham adm St Peters Cathedral
09	Mon	7pm Hope in the Family, Sinead Strong, Co- Founder and Director of Catholic Mothers Ireland
10	Tue	7pm 'Finding hope with Christ' Mr John Connors (actor), screenwriter and documentary filmmaker & Playwright
11	Wed	7pm Anointing of the sick - Fr Darren Brennan PP St Pauls Parish, Belfast (Feast of Our Lady of Lourdes)



Our Lady of Lourdes Church and Irish National Shrine to
Our Lady of Lourdes
103 Roguery Road, Moneyglass



DOWN and CONNOR DIOCESAN TRUST
ST COLMCILLE'S PARISH
BELFAST
VACANCY

'VOCATIONS SUPPORT OFFICER'

An exciting opportunity has arisen for the recruitment of a Vocations Support Officer to be based within St Colmcille's Parish, 191 Upper Newtownards Road, Belfast, BT4 3JB.

Reporting to the Director of Vocations, the role holder will be required to support, promote and sustain a culture of vocations across the Diocese of Down and Connor by co-ordinating outreach, communications, events and relationships that encourage discernment and prayer for vocations.
The role is mission-led, relational and outward-facing.

If you are an individual with excellent communication skills and the ability to deal with sensitive and confidential matters in a professional manner, then we see this as a unique opportunity for you to join the Down and Connor Diocesan Trust Team.

The terms are based on a permanent appointment for 20 hours per week. Flexible working pattern including some evenings and weekends. Hybrid working (parish, diocesan, and remote as appropriate and agreed with the Director of Vocations).

Salary: £15,600 gross per annum.

Full details relating to the vacancy can be found on the Diocesan website at: <http://www.downandconnor.org> clicking on the tab: **job vacancies** and on the Community NI and nijobs.com websites, where terms and conditions relating to the role can also be accessed by way of a Role Profile and Employment Application form. Application Packs are also available from St Colmcille's Parish Office.

We welcome applications from anyone who feels they meet the criteria as presented and are interested in playing an active role within the Diocese of Down and Connor.

Closing date for applications will be 12.00 noon on Tuesday 10 February 2026

Down and Connor Diocesan Trust is an Equal Opportunities Employer



Virtual Dementia Information Programme Northern Trust Area February 2026

A series of free online information sessions for anyone caring for or supporting someone with diagnosis of dementia or anyone with an interest in dementia. Sessions will last approx. 1 hour.

Wednesday, 4 February 2026 at 10.30am

What is dementia?

Delivered by Dr Ronan Kehoe- Consultant Old Age Psychiatrist, NHSCT

Wednesday, 11 February 2026 at 10.30am

Understanding, assessing and managing behaviours

Delivered by Dr Annie Melaugh McAteer, Specialist Clinical Psychologist, Dementia Home Support Team, NHSCT

Wednesday, 18 February 2026 at 10.30am

Role of the Dementia Occupational Therapist in dementia care

Delivered by Caroline Abbott - Occupational Therapist, Community Dementia Team, NHSCT

Wednesday, 25 February 2026 at 10.30am

Planning Ahead legal and financial matters, including Enduring Power of Attorney and Controllership

Delivered by Nicola Lowry- Solicitor and Director at Magennis & Creighton Solicitors

Alzheimer's Society Dementia
Information Programme Northern
Health and Social Care Trust



Scan the QR Code to register and receive the
zoom link.

or email

eastantrim@alzheimers.org.uk

tel: 07710 119366