



The Loughshore Parishes



St Mary's, Greencastle; St Mary, Star of the Sea, Whitehouse;
St James', Whiteabbey & St Colman's, Greenisland



19 July 2026

16th Sunday in Ordinary Time

MASS TIMES & SERVICES

SATURDAY VIGIL

5.00pm – Star of the Sea, Whitehouse

6.30pm – St Mary's, Greencastle

SUNDAY MASS:

9.30am – St Colman's, Greenisland

11.00am – St James', Whiteabbey

WEEKDAY MASSES:

Star of the Sea, Whitehouse: Tuesday 7.00pm

St Mary's, Greencastle: Wednesday 9.30am

St Colman's: Thursday 10.00am

St James': Friday 10.00am

MORNING PRAYER & COMMUNION SERVICE

St Colman's: Monday 10.00am

ST PEREGRINE'S NOVENA:

First Monday of the month at 7.00pm in St Mary's, Greencastle

NOVENA TO MOTHER OF PERPETUAL SUCCOUR:

Every Tuesday at 7.00pm in Star of the Sea, Whitehouse

EUCCHARISTIC ADORATION:

Every Wednesday in St Mary's, Greencastle – 10.00am – 1.00pm

DIVINE MERCY CHAPLET:

After 10.00am Mass on Friday in St James'

DIVINE MERCY EVENING – Rosary, preaching, healing prayers and Eucharistic Adoration on the second Friday of the month 7.00pm – 9.30pm St James' Church.

BAPTISMS: Baptisms are taking place on Saturdays in St James', Whiteabbey. Please contact the parish office for further information.

Parish Priest:

Fr. David Delargy

Parish Office:

824 Shore Road Newtownabbey BT36 7DG

Tel: 9037 0845

(open Mon – Fri 9.00am – 1.00pm)

E-mail: loughshore@downandconnor.org

website: www.loughshoreparishes.org

Links to webcam via parish website or www.churchmedia.tv

The Loughshore Parishes is a member of a Family of Parishes, comprising the parishes of St Mary's on the Hill, St Nicholas', Carrickfergus and the Loughshore Parishes (Greencastle, Whitehouse, St James' & St Colman's)

REST IN PEACE

Recently deceased: Ann Marie McMillan, Jacqueline Morris, Gerard McCourt, Geraldine Reilly

Months Mind: Angelo Eagleson

Anniversaries: Eileen & Gerald Curran, Nicola Craig

MASS INTENTIONS

Sunday

St James' 11am – Eileen Curran (1st) & Gerald Curran (6th) anniversaries

MASS TIMES IN THE LOUGHSHORE PARISHES DURING JULY

	Vigil Mass	Sunday Mass
18 th /19 th	Greencastle 5pm	St Colman's 9.30am St James' 11am
25 th /26 th	Whitehouse 5pm	St Colman's 9.30am St James' 11am

24 HOURS OF PRAYER FOR VOCATIONS FEAST OF ST JOHN VIANNEY

Date: 3rd – 4th August *Venue:* St Colmcille's Church

On the Feast of St John Vianney, the patron saint of parish priests, we warmly invite the faithful from across the Diocese to join us for 24 Hours of Prayer for Vocations to the Diocesan Priesthood.

The vigil will begin with Holy Mass at 7pm on Monday, 3rd August, and conclude with Holy Mass at 7pm on Tuesday, 4th August. Throughout the 24 hours, the Blessed Sacrament will be exposed for Eucharistic Adoration. Priests will be available at various times during the night to celebrate the Sacrament of Reconciliation, offering an opportunity to encounter the Lord's mercy as we pray together.

We especially invite our parishes, prayer groups, schools, religious communities, youth groups, families, and individuals to come, whether for a few minutes or a longer period, to pray that the Lord of the harvest will continue to raise up generous men to serve His people as diocesan priests.

St John Vianney once said, "The priesthood is the love of the Heart of Jesus." As we celebrate his feast, let us unite in asking the Lord to inspire new vocations and to strengthen those already called to serve.

Whether you can stay for an hour, join us for Mass, or simply drop in to pray, your presence and your prayers will make a real difference.



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POPE LEO'S JULY PRAYER INTENTION - "FOR RESPECT FOR HUMAN LIFE"

Pope Leo XIV has urged Catholics across the globe to join him this July in praying for respect for human life. In his monthly  "[Pray with the Pope](#)" video, prepared by the Pope's Worldwide Prayer Network and released by the Vatican on 2nd July, the Pope prayed for "the grace to recognise and protect the unique and unrepeatable value of every human being."

"Each person is a sacred gift that reflects your face from the instant of existence to the final breath of their journey on earth" he said in the video.

Pope Leo expressed his wish for everyone to learn to "welcome life unconditionally, to tenderly care for fragility, to accompany each stage with respect, to bravely defend those who have no voice".

WEEK OF IGNATIAN SPIRITUALITY

Knock Shrine 26th July to 1st August 2026

The Week of Ignatian Spirituality 2026 takes place from Sunday, July 26th to Saturday, August 1st. The theme for this year's retreat is 'Jesus, if people only knew You'.

There are moments when something in us wonders if we have missed the heart of it all, when life feels fragmented, and we long for a deeper meaning that can hold everything together. This week is an invitation to pause, to encounter Jesus of Nazareth not as an idea, but as a living presence, one who still calls, still gathers, still heals and transforms.

Guided by the wisdom of Ignatius, we will explore the life, mission, and prayer of Jesus, and discover how God's quiet work is already unfolding within our own lives. In a changing and uncertain world, this is a space to listen again for the deeper story of a God who is drawing all things into love.

You are welcome for the full week or for individual days. It can serve as a retreat, with spiritual direction available daily

There is no charge for this event but donations are welcome. All main inputs will be live-streamed, with opportunities for prayer and shared reflection online. More information on the  [Knock Shrine website](#).

AN EVENING WITH SAMUEL MUNAYER

Belfast Jesuit Centre, 4th August, 7pm – 9.30pm

Palestinian Christian theologian, Samuel Munayer, will explore how liberation theology emerges from the lived experience of Palestinian Christians. Registration essential. Visit  [An Evening With Samuel Munayer](#)

WORDS OF SPIRIT AND LIFE

An evening with Jeff Cavins

Sunday 26th July 2026, 7pm Voco Hotel Belfast

Spend an inspiring evening with Jeff Cavins, the internationally renowned Bible teacher, author, and creator of The Great Adventure Bible Timeline that shaped the hugely popular Bible in a Year podcast. Whether you're a catechist, a young adult, or simply drawn to Scripture, come to meet others who love the Word, share in a time of prayer led by Fr Conor McGrath, and be reminded that the words of Jesus are Spirit, and they are life.

Register Online:  <https://tinyurl.com/5h483c83>

YOUTH 2000 SUMMER FESTIVAL

13th – 16th August

Calling all young people aged 16–35! Join us at the Youth 2000 Summer Festival in Newbridge College, Co. Kildare. This is a donation-only event, with free buses available across the country and all meals included. Expect inspiring talks and workshops, Mass, music, prayer, and plenty of opportunities to chill out and meet other young Catholics. Whether you are new to the faith or looking to be refreshed, all are welcome. To register or find out more, visit youth2000.ie or follow @Youth2000Ireland.

WORKSHOP – NODDING OFF: HOW TO SLEEP DEEPER AND BETTER FOR LONGER

Dromantine Retreat and Conference Centre

Saturday 26th September

Discover practical solutions for better rest, deeper sleep and renewed energy. Say goodbye to restless nights and let sleep restore your health.

With Fr Hugh Lagan, CPsychol, SMA.

Cost £50. Includes 3 course lunch with teas/coffees.

Tel. 028 3082 1029

Email: admin@dromatineconference.com

www.dromatineconference.com

ST JAMES' SUNDAY TEAS - There will be no tea served after Sunday Mass in St James' for the next two weeks while work is ongoing in the hall.

VACANCY – YOUTH MINISTER

There are two vacancies within the Down & Connor Diocesan Trust for the position of Youth Minister, in Ballymena Parish (closing date 12 noon on 21st July) and in St Colmcille's Parish (closing date 12 noon on 28th July). More details on the  [Diocesan website](#).

An Evening With SAMUEL MUNAYER

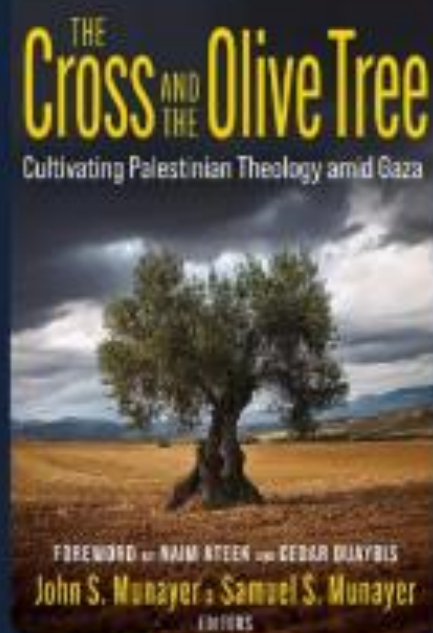


Join us in the Belfast Jesuit Centre for an evening with Palestinian Christian theologian Samuel Munayer, co-editor of **The Cross and The Olive Tree** – recently explored in our online Book Club.

This volume gathers essays from young and emerging theologians, including; Lamma Mansour, Marah Sarji, Shadia Qubti, Daniel S Munayer, John Munayer and Samuel himself; each tracing how a theology of liberation grows out of the lived experience of Palestinian Christians and how such witness might speak to the wider Church today.

Munayer reflects on the cross and the olive tree as symbols of suffering, rootedness, and resilient hope in the midst of the ongoing genocide in Gaza and escalating settler violence in the Occupied Territories.

The evening will include a lecture, guided conversation, open Q&A, and a book signing. Everyone welcome.



TUESDAY 4TH AUGUST 2026



BELFAST JESUIT CENTRE



7.00-9.30PM

SCAN THE QR CODE TO REGISTER



Due to Fleadh-related road closures on 4th August, access to the BJC by car will be limited. Public transport is strongly advised.

